

Thoughts from our campers...

We asked campers what they enjoyed most about their time at Camp CaPella:

Chris – “Swimming!”

Diane – “Seeing old friends and making new ones.”

Cassie – “Swimming!”

Bo – “Swimming!”

Steve – “Swinging!”

Ray Q. - “Boating.”

Kevin – “The boat!”

MaryAnn – “Croquet.”

Dean – “Dancing!”

Ricky – “Cupcakes”

Cook's Corner

Our Wonderful Weekly Menu

Sunday- Perfect Pizza Party with Wonderful Watermelon

Monday- Fabulous Fish, French Fries, Beautiful Broccoli and Pineapple Pudding.

Tuesday- Luscious Lasagna, Gorgeous Garlic Breadsticks, Scrumptious Salad. Homemade Strawberry Rhubarb Pie

Wednesday- Cha Cha Chicken with Sage and Garlic, Terrific Tater Tots, and Colorful Carrots. Banana Splits for Dessert!

Thursday- Bountiful BBQ Night- Hamburgers, Hot Dogs, and Vicki's Marvelous Mac-N-Cheese! S'mores by the Campfire for Dessert!

From The Office:

Please take a few moments to complete the Camper Satisfaction Survey and return in the stamped envelope provided! Your feedback helps us to plan for future camp adventures! Thank you!

Be sure to look for more photos on our website and Facebook page!



THANK YOU!

Everyone here at Camp CaPella – staff and campers alike – send a HUGE Thank You to *Daniel and Hanne Tierney* for their generous donations of fresh produce all 7 weeks of camp! Vicky was able to treat us all to fresh salads and sides every day! Thanks so much!

Vicky's Mac-N-Cheese Recipe!!

List of Ingredients

3/4 cup butter

1 and 1/2 boxes of macaroni

1 and 1/2 to 2 pounds of Land O' Lakes (White American Cheese) singles

2 cups milk

Dash of salt and pepper

Cook the macaroni, drain and add 1/4 cup of butter in a large cook pot on top of the stove. Melt one stick of butter in a large cooking pot. Add one cup of milk to the melted butter. In the same pot, melt cheese, one single at a time, intermittently with the remaining one cup of milk. Melt thoroughly while stirring constantly. Add a dash of salt and pepper. Pour over the noodles. Bake at 350 degrees for 20 minutes and serve.

Serves 8 people.

www.CampCapella.org

Camp CaPella★

Life experiences for people with disabilities
Memories for a lifetime

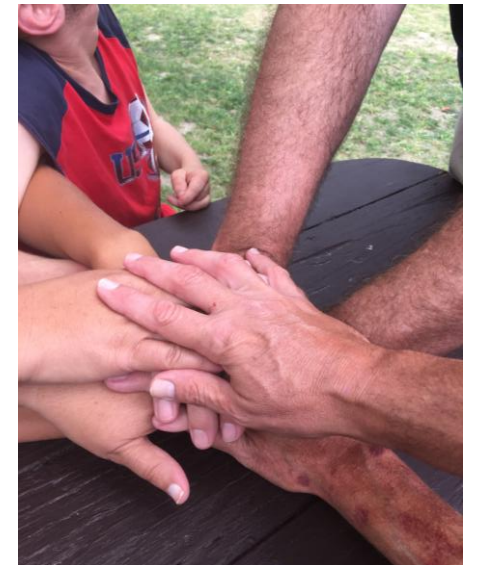
The CaPella Star

Week 7: August 7 to August 12, Adults



It's A Wrap!

The 2016 Camp CaPella season has come to a close! We have had a wonderful summer with great campers and staff. We would like to thank all the campers, their families, caregivers, support staff, volunteers, donors, and our staff, who have made this year so successful! We look forward to 2017. We will keep you posted on all of our upcoming events. We hope to see you there!



Touch Tank Tuesday!

Who lives under the sea? Campers learned it's not just Sponge Bob...

Today a group of ladies came from UMO and they set up their Touch Tank in Wild Adventures! Campers were able to hold and touch a variety of sea creatures, while learning about life under the sea!



Camp Capella

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F Q T M V A K C U W O B E P O C W
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WORD LIST:

BEACH	CAPELLA	DEB	SINGING
BINGO	COLORING	FISHING	SNACK
BOAT	DANA	FREE TIME	STAR
BUNKS	DANCE	FUN	SUMMER
CAMP	DEAR	MUSIC	SWIMMING

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Summer Long 50/50 Drawing
\$10,000 Potential Cash Award
\$10.00 per ticket
2,000 tickets for sale

Drawing to be on Nov. 5th or when all tickets are sold

No _____

E-mail: _____

50/50 Raffle Fundraiser:

- Tickets are \$10 each.
- Only 2000 tickets to be sold.
- Potential winning of \$10,000 and potential funds to help send kids to camp of \$10,000.
- Call 843-5104 to find out how to get your tickets!!!



B-I-N-G-O!

On Wednesday afternoon, we played Bingo as a group. The campers were all very excited as Paige called out numbers. The winners were Mark, Bridgett, Ricky, Mary Ann, and Charles.



RECALL!

Local, live band – RECALL – will be performing at the 6th Annual Touch-A-Truck Fair. Saturday, September 10th from 11am to 3pm at Speedway 95! Come on out and Join the fun!!

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*Life experiences for people with disabilities
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Admission: \$5 per person or \$20 per family (max of 6 ppl)
All Proceeds To Benefit Camp CaPella!

Touch-A-Truck

11:00 am to 3:00 pm

Speedway 95
1070 ODUN ROAD
HERMON, ME 04401
207-945-9595

Touch-A-Truck

- Spend The Afternoon in the Driver's Seat of a Big Rig!
- Tractor Trailer Trucks, Construction Vehicles, Police, Fire, Rescue and Military Vehicles!
- Food. Face Painting. Bounce House. Ice Cream Truck!

Touch-A-Truck

Touch-A-Truck