

Thoughts from our campers...

We asked campers what they enjoyed most about their time at Camp CaPella:

Stephanie- "Swimming."
Hailey- "Marshmallows."
Clifton- "Shaving cream blast!"
Chris- "Just being here."
Mercy- "Swimming!"
Sam I.- "Swimming!"
Jakob- "Soccer."
Dylan- "Rec activities."
Riley- "Swimming."
Raymond- "Swimming."
Brayden- "Swimming to the float!"
Peter- "Caroline."
Julie- "Rec and the waterfront."

And....

New overnight medical staff person, Caroline, was asked what she thought about her first year at Camp Capella, " I love it. The kids are great, the staff is great, the food is awesome, and I plan to come back next year and do it all over again!"



Cook's Corner: Our Wonderful Weekly Menu

Sunday- Perfect Pizza Party

Monday- Enchanting chicken breasts. Vicky's special baked chicken covered in blend of spices. Served with tasty fries and celery for dipping. Pudding with cool and creamy topping for dessert.

Tuesday- You're never going to forget Lasagna! Served with, garlic bread and fresh cucumber and corn salad. For dessert we served fresh Raspberry pie!

Wednesday- Vicky's famous mac and cheese with hotdogs and a scrumptious salad. In honor of it being Christmas in July eve, we made sugar cookies and decorated them for dessert!

Thursday- BBQ night! We celebrated Santa's arrival with hamburgers on the grill and baked tasty tots. Dessert for Christmas was a surprise smore's frozen cake with toasted marshmallows.

Vicky's Mac-N-Cheese Recipe!!

List of Ingredients

3/4 cup butter
1 and 1/2 boxes of macaroni
1 and 1/2 to 2 pounds of Land O' Lakes (White American Cheese) singles
2 cups milk
Dash of salt and pepper

Cook the macaroni, drain and add 1/4 cup of butter in a large cook pot on top of the stove. Melt one stick of butter in a large cooking pot. Add one cup of milk to the melted butter. In the same pot, melt cheese, one single at a time, intermittently with the remaining one cup of milk. Melt thoroughly while stirring constantly. Add a dash of salt and pepper. Pour over the noodles. Bake at 350 degrees for 20 minutes and serve.

Serves 8 people.

The CaPella Star

Week 5: July 24 – July 29, Ages 11-15

It's Christmas In July At Camp CaPella!!



Christmas in July!

HOHOHO!

Monday night we decorated for Christmas in July! The lodge looked very festive and despite the temperatures outside, it felt like Christmas inside!

We also made Christmas cards, ornaments, and sang carols. We had a full week of activities planned. The campers had a great time decorating sugar cookies that we made here at Santa's Village!

Thursday night we put on a play, with the campers and the counselors all having a role. Then Santa made his appearance!

Camp CaPella

Life experiences for people with disabilities
Memories for a lifetime





Camp CaPella★

*Life experiences for people with disabilities
Memories for a lifetime*

- Admission: \$5 per person or \$20 per family (max of 6 ppl)
- All Proceeds To Benefit Camp CaPella!

Saturday,
Sept 10, 2016

**TOUCH
-A-
TRUCK**

11:00 am to
3:00 pm



1070 ODLIN ROAD
HERMON, ME 04401
207-945-9595

- Spend The Afternoon in the Driver's Seat of a Big Rig!
- Tractor Trailer Trucks, Construction Vehicles, Police, Fire, Rescue and Military Vehicles!
- Food, Face Painting, Bounce House, Ice Cream Truck!



Thank you Paige!

Our waterfront leader, Paige, stayed Wednesday night so the campers could have a night swim. Before getting into the water, we decided to have a game of what we call, "shaving cream blast! It was nice to cool off in the lake after dinner!



Adventures in Day Camping!

By Counselor Tom

This week, we have celebrated Christmas in July! We started our day activities on Monday with Wild Adventures, Recreation and becoming fish in the water at the waterfront. In Wild Adventures, we made Christmas in July stockings that were hung in the lodge in anticipation of Santa's arrival at the end of this week. "Touch Tank Tuesday" was a hit with the teens this week as they got to hold and see some really neat sea creatures. For recreation, Counselor Jeff has been creative with his games. We played "Capture the pins" and 9 holes of Yolf (Yard Golf). Everyone enjoyed getting swimming and boating all week. On Tuesday, we swam in the rain. That is how much the campers love swimming! Thursday afternoon our friend Rick brought members of the Summer High School soccer team. They taught us some soccer skills and then we had a game of soccer! A great week at Camp CaPella with many returning campers and one new Day Camper. Memories were made during this hot and humid last week of July!



Flip Flop Night

We treated the campers with flip flops and visors to decorate. There were many awesome designs, and they created some fashion originals.

From The Office:

Please take a few moments to complete the Camper Satisfaction Survey and return in the stamped envelope provided! Your feedback helps us to plan for future camp adventures! Thank you!

Be sure to look for more photos on our website and Facebook page!

50/50 Raffle Fundraiser:

- Tickets are \$10 each.
- Only 2000 tickets to be sold.
- Potential winning of \$10,000 and potential funds to help send kids to camp of \$10,000.
- Call 843-5104 to find out how to get your tickets!!!

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Summer Long 50/50 Drawing
\$10,000 Potential Cash Award
\$10.00 per ticket
2,000 tickets for sale

Drawing to be on Nov. 5th or when all tickets are sold

No. _____ E-mail: _____